



Specialist Imaging for Women

Preparation for Deep Endometriosis Ultrasound

A vaginal ultrasound is performed for the doctor to look for endometriosis in the pelvis. The doctor referring you for this ultrasound study believes you may have endometriosis and some preparation is required before the ultrasound to ensure good images.

Bowel preparation on the day of the scan

Fleet enema

The morning of the ultrasound, up to 3 hours prior, you need to have a fleet enema. The fleet enema is a bottle with about 100mls of fluid that is used to empty your lower bowel or rectum. The box contains simple instructions as to how to use the enema. The top of the bottle is placed in your anus and the fluid is expelled by squeezing the bottle.

It is not necessary to empty the bottle, a small volume of fluid will remain in the bottle after squeezing. Only a small volume of the fluid is needed to be effective. Typically you will feel a strong need to empty your bowels within 2 – 5 minutes after the enema.

If you live some distance from the practice or are more comfortable doing the enema when you arrive, you will have the chance to speak to the doctor before your scan. If completing the enema on arrival to our practice, please arrive 15 minutes before your scheduled appointment time.

Fleet enema cost is approximately \$8 - \$10 and can be obtained over the counter at most pharmacies. Ensure you obtain the fleet enema rather than oral fleet (see picture)

If you have any allergies or concerns about using the fleet enema please do not take and inform us on the number below.

If you have any questions please call Specialist Imaging for Women on 8609 4100

A web site – www.safe-endo.com.au has been developed by ultrasound specialists in this area for your further information.

